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# nutritional NINJAS

Join us for our  
after school  
cookery club!

DO YOU WANT TO BECOME A  
NUTRITIONAL NINJA?

We provide all  
the equipment  
and  
ingredients!



Our cookery classes allow the children to learn a variety of different skills that will carry them through into later life, including:

Food hygiene, preparation, knife techniques, measuring ingredients as well as to value what is good for them nutritionally.

Learn to make: Cake pops, Mini Quiches, Pizza, Bread, Spring Rolls and many more delicious treats.

**LOCATION:** Elvetham Heath Primary School

**DAY:** Tuesday

**TIME:** 3.20pm - 4.20pm

**PRICE:** £75.20 includes all ingredients

**DURATION:** 8 Weeks

**Club dates:**

Jan - 16th, 23rd, 30th

Feb - 6th, 20th, 27th

March - 13th, 20th

**Y5 + Y6**

**Build up your own recipe collection!**

Every week you get your own  
recipe card so you can cook the  
recipes you've learnt again and again.



[www.nutritionalninjas.co.uk](http://www.nutritionalninjas.co.uk)



